Cleaning & Storing

After brushing, rinse the toothbrush head under running water for a few seconds to remove any leftover toothpaste or debris. To maintain smooth operation, occasionally remove the toothbrush head and rinse the handle shaft under running water.

To avoid covering the toothbrush head after cleaning, this can cause bacteria growth on head and bristles. Store toothbrush in an upright position to allow proper moisture drainage and air drying.

If not using for an extended period of time, unplug from outlet, clean and store in a cool, dry area, away from direct sunlight.

To select a mode, simply push the arrow button until the desired mode indicator lights up. Once lit, that mode will become the default mode until another mode is selected. Each mode is designed to operate for two minutes, with brief pauses between each 30 second burst.

Charging the Toothbrush

Be sure to turn the toothbrush off before charging. Charge by plugging the base into an outlet and placing the handle on the charger. The indicator light will turn GREEN, indicating the charging is complete. After the battery is fully charged, the indicator light will turn GREEN, indicating the toothbrush is fully charged.

The battery will be fully charged after 24 hours. At full charge, the toothbrush can be used for approximately 30 complete, pre-timed brush cycles.

If the toothbrush only works for a few minutes, even after charging:

- The battery has reached the end of its life cycle
- The charging time was insufficient
- Contact Customer Support

Still need help?

We are open Monday - Friday from 9 a.m. - 5 p.m. CST

Call us at 855.944.8361
Email us at Support@SmileBrilliant.com
Live chat with us at www.SmileBrilliant.com

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Gentle Brush Strokes

Harder is not better. Gentle brush strokes are better for your gums. You want to massage your gums, not damage the gum tissue. Hard brushing can cause a receding gumline.

Angle at 45°

Place the toothbrush at a 45-degree angle and brush along the gumline. Move brush inside to outside of each row for full cleaning coverage.

Brush All Four Corners

To select a mode, simply push the button until the desired mode lights up. Each mode is designed to operate for two minutes, 30 second bursts at a time. At the end of every burst, move brushing to a different quadrant of the mouth. (refer to graphic below)

Maintain Your Enamel

Your enamel is the visible part of the tooth. Wearing it down can result in tooth decay and increased sensitivity. To prevent enamel erosion, avoid using abrasive toothpaste, brushing too hard and wait at least 30 minutes after eating and drinking to brush.

Floss

In addition to brushing, it is important to also floss to help remove any food particles or decay-causing plaque.

Using the Correct Toothpaste & Mouthwash

We highly recommend using non-abrasive toothpaste in order to maintain your tooth enamel. We also recommend the use of alcohol-free toothpaste and mouthwash. Toothpaste and mouthwash containing alcohol can be toxic, drying to the mouth’s soft tissue and can increase bacteria levels which causes bad breath.

Brush or Scrub Your Tongue

Fight bad breath by brushing your tongue with the brush head or by using the tongue scraper on the back of the brush head.

Regular Checkups with Your Dentist

Nothing beats regular visits to your dental office. Along with our other tips, cleanings and checkups will help you maintain a longterm, heathier and brighter smile.

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Soft bristles are ideal for cleaning your teeth.

More Tips at SmileBrilliant.com/articles+